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New Milford Health Department

A Member Of Mid-Bergen Regional Health Commission

930 River Road

New Milford, NJ 07646

201-967-7075

Fax 201-262-7783

August 22, 2020

Fellow Residents,

Once again, Covid 19 is significantly increasing its presence within the Borough of New Milford. Presently the Borough has seen a large increase in our reported positive numbers. Please be aware that this increase is **not** a result of our long-term care facility (LTC). In fact, CareOne / WoodCrest's has been COVID free for nearly the past eight weeks.

Our numbers have increased due to lack of social distancing, lack of wearing a mask and people not quarantining or isolating when exposed to the Covid 19 virus. Some residents who have been called by the Contact Tracers from the Health Department have refused to, or have been reluctant to give names and phone numbers. Remember, all this information is kept strictly confidential and only helps contain the spread of the Covid 19 virus.

. WE NEED EVERYONES HELP TO MITIGATE FURTHER SPREAD THOUGH OUT OUR COMMUNITY.

- Please wear a face covering
- Maintain Social distancing of at least 6 feet apart.
- Wash your hands frequently
- Do not touch your face, mouth, nose or eyes.
- Use good respiratory hygiene
- Stay home if you are sick, except to go seek medical advice
- STAY HOME if you are told to isolate or quarantine.
- **Answer your phone**, it may be a contact tracer. Please give as much information as possible, including names, DOB, addresses, phone numbers and last date of contact. All information is kept strictly confidential.
- Please follow isolation and quarantine guidelines as given.

THIS IS THE ONLY WAY WE CAN PREVENT FURTHER SPREAD TO FAMILY, FRIENDS AND OUR COMMUNITY.

Anyone who ignores an advisement to self isolate or quarantine becomes a big part of the



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problem. Isolation and quarantine does not mean to go on vacation or interact with others. It means stay home and monitor your health. For the sake of your family, your friends, your neighbors, the elderly and your fellow residents of our community please be responsible and wear a mask. Additionally, do not attend or hold unprotected gatherings on your property or in public, avoid play dates and if told to isolate or quarantine, please take it

seriously. Again, help our contact tracers by providing the proper and full information. There is no one who will come knocking on your door. Do not be afraid to give this much needed information. If we don't work together to contain this increase in cases, this could end up as a full-blown health emergency.

It takes a village. New Milford Strong, working together to combat this virus!

Thank You,

Denise Brunner, President

New Milford Board of Health