

NEW MILFORD SENIOR ACTIVITY CENTER HAPPENINGS

September 2022

Outdoor Classes at Kennedy Field Start Wednesday, Sept.21, 2022

Wednesday - 9:00am - Walking with Lynn

Wednesday - 10:00am - Tai Chi with Hasmig

Special Programs

Tuesday, Sept. 6- 11:00 -Care Management Coffee Chat

Tuesday, Sept.13-10:00-2:00-Senior Citizen's Festival, Van Saun Park, Paramus

Monday, Sept. 19- 9:00-12:00- NMSC Field Day, Kennedy Field

Tuesday, Sept.20-11:00-Right Sizing Your Lifestyle

Tuesday, Sept. 27-11:00--Brighter Side to Life

Give Away Table- FREE Treasures

Thursday, Sept. 29- Thursday Oct. 6

TRIPS

Atlantic City trip to Resorts Casino on Wednesday, Sept.7, 2022

Hunterdon Hills Playhouse Holiday Trip on Wednesday, Nov.16, 2022 (sold out)

Movie Matinee 1:00 on Tuesdays

New Session! Art Class with Deidre starts 1:00 on Thursday, Sept. 15

Beginners and experienced artists all welcome

**** All Classes will be held at the Senior Center unless otherwise indicated.**

In the event of inclement weather, Kennedy Field activities will be held at the Center.